

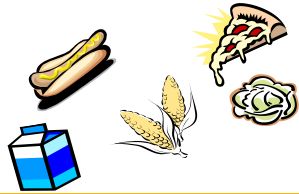
SCHOOL LUNCH MENU

St. Dominic Academy

Thanks for your
Participation!!



FEBRUARY
2016




Choose your side and
make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

Side choices depend on
Entrées for that day.


FOUR SEASONS
food service management

Mon	Tue	Wed	Thu	Fri
1 Chicken parm wrap Chicken tenders BBQ boneless ribs Pizza roll sampler Mini tacos	2 Steak quesadillas Breaded chicken wrap Fried chicken Grilled Steak & broccoli Pasta w/butter sauce	3 Pigs in a blanket Popcorn chicken Turkey meatballs Pizza sticks Chicken gyro	4 Hamburger/cheeseburger Cheese Ravioli Chicken parm Chicken, bacon wrap Broccoli quiche	5 Pasta w/Vodka sauce Pizza Mozzarella sticks Grilled chicken Panini Chicken nuggets Eggplant parm
8 Philly cheese steak with peppers & onions Popcorn chicken Stuffed shells Chicken francese	9 Chicken tenders Turkey, bacon & cheese Panini Cheese tortellini Grilled chicken burrito Hot dog	10 <i>Ash Wednesday</i> Macaroni & cheese Cheese quesadillas Pizza sticks Tuna melt Panini -grilled vegetables	11 Nachos with toppings Hamburger/cheeseburger Chicken parm Potatoes & eggs sub Chicken nuggets	12 No School
15 School Closed President's Day	16 Chicken tenders Buffalo chicken wrap Pizza bites Sesame chicken over rice French toast w/bacon & tots	17 Rigatoni & broccoli, Chicken quesadillas Sausage/peppers & onions Pizza egg roll Buffalo wings	18 Chicken Marsala Hamburger/Cheeseburger Chicken Wrap Pepper Steak Pasta Alfredo	19 <i>Lenten menu</i> Pasta w/Vodka sauce Pizza Mozzarella sticks Party hero-eggplant & r/p Grilled cheese Spinach quiche
22 Spaghetti primavera Chicken tenders Beef tacos Roasted chicken Ham & Swiss Panini	23 Stuffed shells Chicken cutlet <i>Chicken quesadillas</i> <i>Sloppy Joe</i> <i>Pizza bites</i>	24 Chicken lo mein Popcorn chicken Chicken casserole Pizza sticks Carrot dog w/ cold slaw	25 <i>B-Schedule</i> Chicken nuggets Hamburger/Cheeseburger Chicken parm Pasta w/ butter sauce Mini tacos	26 <i>Lenten menu</i> Pasta w/Vodka sauce Pizza Mozzarella sticks Eggplant parm Panini- Fresh mozzarella, tomato & basil
29 Chicken tenders Rice dumplings Chili over rice Panini-spicy chicken Pasta w/marinara sauce				<i>Vegetarian option available daily and made to order.</i> Cheese quesadillas Veggie burger Grilled cheese

