

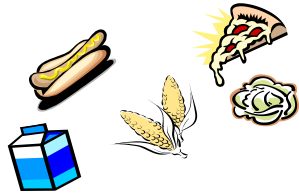
SCHOOL LUNCH MENU

Thanks for your Participation!!



St. Dominic Academy

MAY
2016



Choose your side and make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

FOUR SEASONS
food service management

Mon	Tue	Wed	Thu	Fri
2 Popcorn chicken Turkey, bacon & ranch wrap Chicken Francese Stuffed shells Pizza roll- Pizza sauce & cheese in a eggroll shell	3 <i>Chicken tenders</i> Roast beef Panini Pasta-Chicken Alfredo Spicy chicken & mozzarella wrap Chicken lo mein	4 Rigatoni & broccoli, <i>Chicken parm</i> Sausage/peppers & eggs Pizza sticks Grilled chicken & mozzarella wrap served hot	5 <i>Cinco de Mayo</i> Hamburger/cheeseburger Spicy chicken panini Breaded chicken wrap Nacho's & cheese w/salsa Chicken quesadillas	6 Pasta w/Vodka sauce Pizza Mozzarella sticks Shrimp scampi & rice Eggplant roasted peppers & fresh mozzarella Chicken nuggets
9 Spaghetti w/meatballs Chicken fritters Chinese eggroll w/fried rice Baked Chicken Ham & Swiss Panini	10 Chicken tenders Buffalo chicken wrap Hot dog Pizza bites Tofu & vegetable stir fry	11 Popcorn chicken Chicken wings Steak & cheese quesadillas Baked ziti Mini tacos	12 Hamburger/cheeseburger Chicken parm Grilled chicken Caesar wrap Onion rings Mini cheese calzone (2pc)	13 Pasta w/Vodka sauce Pizza Potatoes & eggs Mozzarella sticks Meatball-Panini Chicken nuggets
16 Panini- grilled zucchini mozzarella & tomato Pizza sticks Chicken tenders <i>Chicken burrito platter</i> Cheese Ravioli	17 Chicken parm wrap Popcorn chicken BBQ pulled pork Mini tacos Roasted Turkey dinner	18 Chicken quesadillas Panini -Grilled chicken, mozzarella, roasted peppers Pizza sticks Macaroni & cheese Turkey, bacon & lettuce wrap	19 Hamburger/cheeseburger Breaded chicken wrap Fried cheese ravioli (5pc) w/marinara sauce Chicken parm Rigatoni Alfredo	20 Panini -Pulled pork Pasta w/Vodka sauce Pizza Mozzarella sticks Chicken nuggets Fish tacos
23 <i>Chicken fritters</i> <i>Cowboy burger-(bacon, cheese & BBQ sauce)</i> Pizza roll- Pizza sauce & cheese in a eggroll shell <i>Chicken Marsala</i>	24 Chicken tenders Buffalo chicken wrap Pizza bites Steak & cheese sub Pasta marinara	25 Beef empanadas Chicken lo mein Popcorn chicken Grilled chicken Caesar wrap B.L.T. on white toast	26 Chicken cutlet bruschetta Mozzarella sticks Chicken quesadillas Hamburgers/cheeseburger Pasta w/ vodka sauce	27 No school
30 <i>Memorial Day</i> <i>School Closed</i>	31 Chicken tenders Spicy chicken wrap Steak & cheese quesadillas Baked ziti Mini tacos Chicken pot pie			<u>Vegetarian option available daily and made to order.</u> Cheese quesadillas Veggie burger Grilled cheese

