

Saint Dominic



October 2016 LUNCH MENU



MAKE IT A MEAL CHOOSE YOUR SIDE

Vegetable of the day
Mixed Salad
Roasted Potatoes
Mashed Potatoes
Onion Rings
Rice of the day
Beans

Sides will depend on entrees of the day.

A SELECTION OF FRESH FRUIT SERVED DAILY.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Scallopini Turkey Melt Cheese Tortellini Meatball Hero	4 Beef Stir-Fry Chicken Quesadilla Pulled Pork Sandwich Lasagna w/ Meat Sauce	5 Roasted Turkey Dinner Broccoli Quiche w/ Side Salad Popcorn Chicken Stuffed Shells	6 Chicken Lo-Mein Mac & Cheese Wedges Chicken Tenders Taco Salad	Penne alla Vodka Personal Pizza Mozzarella Sticks Eggplant Sandwich Chicken Nuggets
Columbus Day School Closed	11 Turkey Panini Spaghetti w/ Meatballs Chicken Parmigiana Philly Cheese Steak	12 Ravioli w/ Garlic Bread Buffalo Wings Chicken Caesar Pita BLT Wrap Pizza Nuggets	Pasta Alfredo Chicken Tenders Sausage & Peppers Hamburger/Cheeseburger	Chicken Nuggets Pizza Mozzarella Sticks Pasta w/ Garlic Bread Grilled Cheese
Chicken Parm Sausage & Peppers Chicken Pot Pie Turkey Panini Pizza Nugget's	Popcorn Chicken Shepherd's Pie Turkey BLT Wrap Stuffed Shells	Half Day No Lunch	Bratwurst, Small Pretzel & Root Beer Or Hot Dog Chicken Tenders Pasta Bacon Cheeseburger	Eggplant Macaroni & Cheese Personal Pizza Mozzarella Sticks Chicken Stir-Fry
Grilled Chicken Panini Pasta & Broccoli w/ Garlic & Oil Turkey Bacon Melt Pizza Sticks	25 Chicken Caesar Pita Hamburger/Cheeseburger Chicken Marsala Penne Rosa BLT Wrap	26 Barbecue Chicken Pasta Alfredo Popcorn Chicken Two Taco's	27 Chicken Wings Vegetable Lo-Mein Chicken Tenders Pulled Pork	28 Personal Pizza Chicken Nuggets Eggplant Parmigiana Penne alla Vodka Mozzarella Sticks
Fusilli Pasta Bolognese Chicken Tenders Philly Cheese Steak Chicken Francese		OF	tober	fest