

SCHOOL LUNCH MENU

HAPPY NEW YEAR

St. Dominic Academy

**JANUARY
2017**



*Choose your side and
make it a meal!*

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

*Side choices depend on
Entrées for that day.*

FOUR SEASONS
food service management

Mon	Tue	Wed	Thu	Fri
	3 Chicken parm wrap Philly cheese steak Cheese Ravioli Mini tacos (7) Chicken tenders	4 Chicken fritters Roasted turkey Steak quesadillas Panini- mozzarella, tomato & roasted peppers	5 Chicken wrap Hamburger/Cheeseburger Rotini pasta w/ butter sauce Chicken parm Potatoes & eggs	6 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Mozzarella Sticks Spinach quiche
9 Stir-fry Chicken Meatball sub Chicken quesadillas Grilled Cheese w/ bacon Pasta marinara	10 Tortellini Alfredo Sausage & peppers Chicken tenders Spicy Chicken Panini Chicken pot pie	11 Spaghetti w/ garlic & oil Turkey bacon melt Popcorn chicken Chicken Piccata Pizza nuggets	12 Pasta Primavera Chicken parm Hamburger/ Cheeseburger Breaded Chicken Wrap Pizza sticks	13 <u>Exams</u> Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Mozzarella Sticks
16 Martin Luther King Jr. day No School	17 Popcorn chicken Mini tacos Grilled cheese	18 Chicken tenders Pasta Alfredo Mac & Cheese Wedges	19 Chicken nuggets Mozzarella sticks Pasta w/ vodka sauce	20 No Lunch Service Rating Day
23 Meatball panini Chicken Bruschetta Chicken tenders Baked ziti	24 Fried chicken Beef empanadas Chicken fritters Spaghetti w/ garlic & oil	25 Popcorn Chicken Grilled cheese w/bacon Stuffed shells Rice Bowl lemon Chicken	26 Hamburger/cheeseburger Chicken parm Pasta with butter sauce French toast w/ bacon	27 Pizza Mozzarella Sticks Panini- Ham & Swiss Pasta w/Vodka sauce Chicken nuggets
30 Chicken tenders Cheese Ravioli Grilled chicken Caesar wrap Hot Dog	31 Pasta marinara Chicken cutlet Pizza sticks Chicken quesadillas	2017		

