

SCHOOL LUNCH MENU

Thanks for your Participation!!



St. Dominic Academy

**FEBRUARY
2017**




Choose your side and
make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

*Side choices depend on
Entrées for that day.*


FOUR SEASONS
food service management

Mon	Tue	Wed	Thu	Fri
<p><i>Vegetarian option available daily and made to order.</i> Cheese quesadillas Veggie burger Grilled cheese</p>		<p>1 Chicken fritters Roasted turkey Steak quesadillas Panini- mozzarella, tomato & roasted peppers</p>	<p>2 Chicken wrap Hamburger/Cheeseburger Rotini pasta w/ butter sauce Chicken parm Potatoes & eggs New England clam chowder</p>	<p>3 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Mozzarella Sticks Panini- turkey, bacon ..</p>
<p>6 Stir-fry Chicken Meatball sub Chicken quesadillas Grilled Cheese w/ bacon Pasta marinara</p>	<p>7 Tortellini Alfredo Sausage & peppers Chicken tenders Spicy Chicken Panini Tex-Mex egg roll</p>	<p>8 Spaghetti w/ garlic & oil Turkey bacon melt Popcorn chicken Chicken Francese Pizza nuggets</p>	<p>9 Pasta Primavera Chicken parm Hamburger/ Cheeseburger Breaded Chicken Wrap Pizza sticks</p>	<p>10 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Eggplant & roasted pepper sub Mozzarella Sticks</p>
<p>13 Spinach quiche Chicken Caesar wrap Spaghetti w/ garlic & oil Chicken parm wrap Pizza nuggets</p>	<p>14 <u>Valentine's Day</u> <i>Taco salad</i> <i>Popcorn chicken</i> Grilled chicken gyro Pasta w/ broccoli <i>Hot dog</i></p>	<p>15 Chicken quesadillas Pasta Alfredo Beef empanadas Philly Cheese steak Buffalo wings</p>	<p>16 Chicken fritters Beef Burrito's Mac & Cheese wedges Hamburger/cheeseburger Tortellini marinara</p>	<p>17 No School</p>
<p>20 President's Day No School</p>	<p>21 Spicy chicken sub Meatball Panini Macaroni & cheese Chicken Marsala Chicken tenders</p>	<p>22 Popcorn Chicken Grilled cheese Chicken cutlet Stuffed shells Pizza roll</p>	<p>23 Hamburger/cheeseburger Chicken parm Chicken wrap Sesame chicken w/ lo mein</p>	<p>24 Pizza Mozzarella Sticks Panini- Ham & Swiss Pasta w/Vodka sauce Chicken nuggets</p>
<p>27 <i>Chicken tenders</i> Cheese Ravioli Grilled chicken Caesar wrap Hot Dog French toast w/ bacon</p>	<p>28 Pasta marinara Fried chicken Pizza sticks <i>Chicken quesadillas</i> <i>Chicken bruschetta sub</i></p>	