

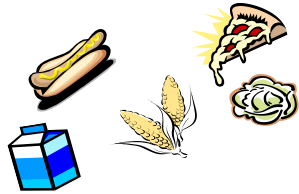
SCHOOL LUNCH MENU

Thanks for your Participation!!



St. Dominic Academy

MAY
2017





Choose your side and make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

 **FOUR SEASONS**
food service management

Mon	Tue	Wed	Thu	Fri
1 Popcorn chicken wrap Turkey, bacon & ranch club Chicken Marsala & mashed potatoes Stuffed shells Mac & cheese wedges	2 <i>Chicken tenders</i> Roast beef Panini Pasta-Chicken Alfredo Spicy chicken & mozzarella wrap Vegetable lo mein	3 Rigatoni & broccoli, Sausage/peppers & eggs burrito Pizza sticks Grilled chicken & mozzarella sub served hot <i>Chicken quesadillas</i>	4 Chicken cutlet bruschetta <i>Mozzarella sticks</i> <i>Hamburgers/cheeseburger</i> <i>Pasta w/ garlic & oil</i> Grilled veggie & guacamole sub	5 Pasta w/Vodka sauce Pizza Mozzarella sticks Shrimp scampi & rice Eggplant roasted peppers & fresh mozzarella Chicken nuggets
8 Spaghetti w/meatballs Chicken fritters Grilled steak & broccoli Ham & Swiss Panini Meatball hero	9 Chicken tenders Buffalo chicken wrap Corn dog Pizza bites Tofu & vegetable stir fry	10 Popcorn chicken Chicken wings Vegetable quesadillas Baked ziti Mini tacos	11 Hamburger/cheeseburger Chicken parm Grilled chicken Caesar wrap Onion rings Mini cheese calzone (2pc)	12 Pasta w/Vodka sauce Pizza Potatoes & eggs Mozzarella sticks Meatball-Panini Chicken nuggets
15 Panini- grilled zucchini mozzarella & tomato Pizza sticks Chicken tenders <i>Chicken burrito platter</i> Cheese Ravioli	16 Chicken parm wrap Popcorn chicken BBQ pulled pork Mini tacos Roasted Turkey dinner	17 Chicken quesadillas Panini-Grilled chicken, mozzarella, roasted peppers Pizza bites Macaroni & cheese Turkey, bacon & lettuce wrap	18 Popcorn chicken wrap Stuffed baked potato Fried cheese ravioli (5pc) w/marinara sauce Chicken parm Rigatoni Alfredo	19 Panini -Pulled pork Pasta w/Vodka sauce Pizza Mozzarella sticks Chicken nuggets
22 <i>Chicken fritters</i> <i>Cowboy burger-(bacon, cheese & BBQ sauce)</i> Pizza roll- Pizza sauce & cheese in a eggroll shell Fish tacos	23 Chicken tenders Buffalo chicken wrap Steak & cheese sub Pasta marinara	24 Beef empanadas Pasta w/ vodka sauce Popcorn chicken Grilled chicken Caesar wrap B.L.T. on white toast	25 Ascension Thursday Frittata (potato, tomato, basil) Chicken nuggets Chicken cutlet Rigatoni Pomodoro Bacon cheeseburger	26 No school
29 <i>Memorial Day</i> <i>School Closed</i> 	30 Chicken nuggets Spicy chicken wrap Pasta w/butter sauce Mini tacos Meatball sub	31 Chicken quesadillas Macaroni & cheese Hot dog Chicken pot pie		<u>Vegetarian option available daily and made to order.</u> Cheese quesadillas Veggie burger Grilled cheese