

SCHOOL LUNCH MENU

Welcome
Back to school!



St. Dominic Academy

SEPTEMBER
2017



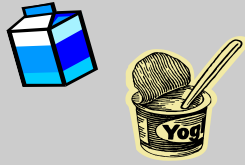


Choose your side and
make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

Side choices depend on
Entrées for that day.

 **FOUR SEASONS**
food service management

Mon	Tue	Wed	Thu	Fri
<p>Featuring <i>Boar's Head Brand Deli Meats</i></p> 	<p><u>Available Daily</u> </p> <p>Breakfast, Yogurt, Salads, Sandwiches</p>			
4 Labor Day	5	6	7	8 Pasta w/ Vodka Sauce Pizza Mozzarella sticks Chicken nuggets Chicken parm wrap
11 Bacon cheeseburger Vegetable lo mein Popcorn chicken <i>Chicken cutlet bruschetta</i> Potato Knish	12 Roast beef Panini Cheese Ravioli Chicken tenders Mini Tacos Sausage & peppers	13 Rigatoni w/ broccoli, Chicken quesadillas Taco salad Pizza sticks Harvest Turkey Wrap	14 Hamburger/cheeseburger Grilled chicken Caesar wrap Penne Alfredo Chicken parm Pizza nugget bites	15 Pasta w/Vodka sauce Pizza Mozzarella sticks Mediterranean chicken pita Chicken nuggets
18 Spaghetti w/ meatballs Chicken Tenders Chinese beef & broccoli Black bean burger Meatball hero	19 Pasta marinara Chicken marsala <i>Turkey, bacon & cheese Panini</i> Steak quesadillas <i>Pizza roll</i>	20 Grilled chicken club Beef tacos Pasta primavera Popcorn chicken Potatoes & eggs sub	21 Hamburger/cheeseburger Baked ziti Buffalo chicken wrap Chicken parm Onion rings	22 Pasta w/Vodka sauce Pizza Mozzarella sticks Chicken nuggets Eggplant, fresh mozzarella & roasted peppers
25 Macaroni & cheese Chicken hummus wrap Popcorn chicken wrap Buffalo wings Pastrami on rye	26 Chicken tenders Tortellini Alfredo w/peas Ham & Swiss Panini Philly cheese steak Baked breaded chicken	27 Stuffed shells Chicken quesadillas Breaded chicken wrap Chicken Francese Rice ball	28 Roasted turkey breast Popcorn chicken Meatball Panini Pizza sticks Hot dog	29 Chicken Panini Pizza Pasta w/vodka sauce Mozzarella sticks Chicken nuggets Frittata

