



# Saint Dominic Academy

## October 2017 Lunch Menu



**MAKE IT A MEAL**  
CHOOSE YOUR SIDE

Vegetable of the day  
Mixed Salad  
Roasted Potatoes  
Mashed Potatoes  
Onion Rings  
Rice of the day  
Beans

Sides will depend on  
entrees of the day.

**A SELECTION  
OF FRESH FRUIT  
SERVED DAILY.**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Turkey Melt Cheese Tortellini Meatball Hero Chicken parm wrap Beef Stir-fry	3 Chicken Quesadilla Pulled Pork Sandwich Pasta w/ marinara sauce Cream of broccoli soup & 1/2 buffalo wrap	4 Roast beef dinner Grilled cheese Chicken fritters Spaghetti w/ garlic & oil Cheese calzone (2) w/ sauce	5 Chicken Lo-Mein Mac & Cheese Wedges Hamburger/cheeseburger Chicken Tenders Taco's	6 No Lunch Service
9 <b>Columbus Day School Closed</b>	10 Turkey Panini Spaghetti w/ butter Popcorn chicken wrap Sausage & Peppers <i>Chicken bruschetta sub</i>	11 <b>PSAT Testing</b>  <i>Chicken tenders</i> Buffalo chicken wrap <i>Beef empanadas</i>	12 Pasta Alfredo Breaded chicken wrap Hamburger/Cheeseburger Chicken parm Onion rings	13 Chicken Nuggets Pizza Mozzarella Sticks Penne A la Vodka Chicken Caesar Pita
16 Grilled chicken Panini Chicken pot pie Mini burritos (5) Chicken fritters Sloppy Joe	17 Chicken tenders Shepherd's Pie Panini w/ mozzarella, tomato & <i>roasted pepper</i> Macaroni & cheese	18 Ravioli w/ Garlic Bread Roasted chicken wings BLT Wrap Chicken quesadilla	19 <b>Octoberfest Special \$5.00</b> <i>Bratwurst or 2 hot dog served with hot pretzel &amp; small can drink</i> Chicken parm Pasta marinara sauce Bacon Cheeseburger	20 Eggplant Panini Personal Pizza Mozzarella Sticks Penne A la Vodka Chicken nuggets
23 Chicken Stir-Fry Pasta Alfredo Popcorn Chicken Taco's Grilled cheese w/ tomato	24 Sausage & mozzarella wrap Chicken Marsala Penne with butter Teriyaki chicken gyro Chicken tenders	25 Rigatoni & broccoli Chicken cutlet <i>Chicken quesadillas</i> <i>Beef empanadas</i> <i>Pizza bites</i>	26 Pasta Alfredo Breaded chicken wrap Hamburger/Cheeseburger Chicken parm Onion rings	27 Personal Pizza Chicken nuggets New England clam chowder Penne A la Vodka Mozzarella Sticks
30 Baked ziti Chicken tenders Philly Cheese Steak Grilled chicken platter Buffalo chicken wrap	31 Popcorn chicken Grilled veggie & guacamole sub Pasta w/ marinara sauce Chicken Scallopini Hot dog	<b>Oktoberfest</b>		