

SCHOOL LUNCH MENU

Thanks for your Participation!!



St. Dominic Academy

**FEBRUARY
2018**




*Choose your side and
make it a meal!*

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

*Side choices depend on
Entrées for that day.*


FOUR SEASONS
food service management

1 Mon	Tue	Wed	Thu	Fri
<p><i>Vegetarian option available daily and made to order.</i> Cheese quesadillas Veggie burger Grilled cheese</p>			<p>1 Chicken wrap Hamburger/Cheeseburger Rotini pasta w/ butter sauce Chicken parm Potatoes & eggs</p>	<p>2 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Mozzarella Sticks Panini- turkey, bacon ..</p>
<p>5 Stir-fry Chicken Meatball sub Chicken quesadillas Grilled Cheese w/ bacon Pasta marinara</p>	<p>6 Tortellini Alfredo Sausage & peppers Chicken tenders Spicy Chicken Panini Tex-Mex egg roll</p>	<p>7 Spaghetti w/ garlic & oil Turkey bacon melt Popcorn chicken Chicken Francese Pizza bites</p>	<p>8 Pasta Primavera Chicken parm Hamburger/ Cheeseburger Breaded Chicken Wrap Mac & Cheese Wedges</p>	<p>9 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Eggplant & roasted pepper sub Mozzarella Sticks</p>
<p>12 Chicken Caesar wrap Spaghetti w/ garlic & oil Chicken parm wrap Pizza nuggets Beef empanada (2pc)</p>	<p>13 <i>Taco salad</i> <i>Chicken tenders</i> Grilled chicken gyro Pasta w/ broccoli <i>Hot dog</i></p>	<p>14 <u>Ash Wednesday</u> Cheese quesadillas Pasta Alfredo Mini Calzone (2pc) Macaroni & cheese Rice ball</p>	<p>15 Crispy chicken on a bun Beef Burrito's Hamburger/cheeseburger Tortellini marinara Spinach quiche</p>	<p>16 No School</p>
<p>19 President's Day No School</p>	<p>20 Chicken tenders Roasted chicken wings Mac & Cheese Wedges Ham quesadillas</p>	<p>21 Popcorn Chicken Grilled cheese Chicken cutlet Stuffed shells Pizza roll</p>	<p>22 Hamburger/cheeseburger Chicken parm Chicken wrap Sesame chicken w/ lo mein</p>	<p>23 Pizza Mozzarella Sticks Fish & chips/fries Pasta w/Vodka sauce Cheese quesidallas</p>
<p>26 <i>Chicken tenders</i> Cheese Ravioli Grilled chicken Caesar wrap Pulled pork panini French toast w/ bacon</p>	<p>27 Pasta marinara Fried chicken Pizza bites <i>Chicken quesadillas</i> <i>Philly cheese steak</i></p>	<p>28 Spaghetti w/ garlic & oil Ham & cheese Panini Popcorn chicken Chicken Marsala Tex-Mex egg roll</p>		

