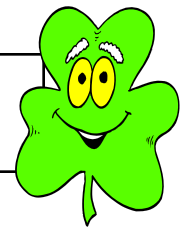


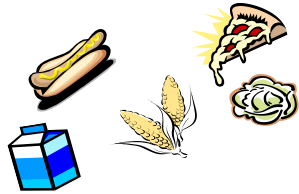
SCHOOL LUNCH MENU

Thanks for your Participation!!



St. Dominic Academy

MARCH
2018




Choose your side and make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

Side choices depend on Entrées for that day.

 **FOUR SEASONS**
food service management

Mon	Tue	Wed	Thu	Fri
<p><u>Vegetarian option available daily and made to order.</u> Cheese quesadillas Veggie burger Grilled cheese</p>			<p>1 Hamburger/cheeseburger Chicken parm Turkey, bacon, ranch wrap Onion rings Pasta w/broccoli Chicken nuggets</p>	<p>2 <u>Lenten Menu</u> Pasta w/Vodka sauce Pizza Mozzarella sticks Eggplant hero w/ roasted pepper Panini- Fresh mozzarella, tomato, & basil Cheese calzone (2) w/ sauce</p>
<p>5 Bacon cheeseburger Chicken quesadillas Pasta Alfredo Chicken Francese Two Taco's</p>	<p>6 <u>Chicken tenders</u> Roast beef w/ mozzarella (French dipped) Cheese Ravioli Panini- mozzarella, tomato & roasted peppers Pizza bites</p>	<p>7 Pancakes (3pc), bacon & tots Chicken fritters Roasted chicken Mac & cheese wedges</p>	<p>8 Hamburger/cheeseburger Chicken parm Tortellini w/sausage & tomato Chicken nuggets Beef and broccoli Stuffed baked potato</p>	<p>9 <u>Lenten Menu</u> Pasta w/Vodka sauce Pizza Mozzarella sticks Cheese quesadillas Eggplant parm Potatoes & eggs sub Veggie burger</p>
<p>12 Meatball sub Popcorn chicken wrap Party hero cuts (American) Buffalo wings Hot Dog</p>	<p>13 <u>Early St. Patrick's Day</u> Hot Corned beef Sandwich Chicken tenders Tortellini primavera Panini-Grilled chicken mozzarella & roasted peppers Spicy chicken wrap</p>	<p>14 Rigatoni & broccoli, <u>Chicken quesadillas</u> Sausage/peppers & onions Pizza egg roll Grilled chicken & mozzarella</p>	<p>15 Hamburger/cheeseburger Chicken cutlet platter Pepper steak gyro Chicken nuggets Spaghetti, garlic & oil</p>	<p>16 <i>Spring break</i></p>
<p>19 <i>Spring break</i></p>	<p>20 Chicken bruschetta sub Pulled pork panini Chicken tenders Vegetable lo mein Philly cheese steak</p>	<p>21 Chicken quesadillas Panini -meatball parm Macaroni & cheese Grilled chicken burrito platter</p>	<p>22 Hamburger/cheeseburger Chicken parm Grilled chicken Caesar wrap Stuffed cabbage (rice & beef) Turkey melt Onion rings</p>	<p>23 <u>Lenten Menu</u> Pasta w/Vodka sauce Pizza Mozzarella sticks Tilapia Francese Eggplant hero w/r/p Cheese quesadilla Bean & Cheese calzone (2)</p>
<p>26 B.L.T. wrap Chicken pot pie Chicken nuggets Rotini pasta w/ butter sauce Ham & swiss panini</p>	<p>27 Stuffed shells w/garlic bread Greek chicken gyro Bean & cheese burrito Chicken tenders Pizza bites</p>	<p>28 Holiday</p>	<p>29 Holy Thursday</p>	<p>30 Good Friday</p>

