

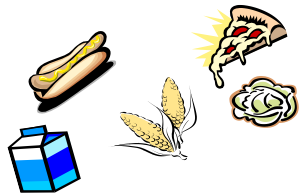
SCHOOL LUNCH MENU

Thanks for your Participation!!



St. Dominic Academy

MAY
2018





Choose your side and make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

Side choices depend on Entrées for that day.


FOUR SEASONS
food service management

Mon	Tue	Wed	Thu	Fri
 1 Chicken tenders Roast beef Panini Pasta-Chicken Alfredo Spicy chicken & mozzarella wrap Sloppy Joe on a bun	2 Baked ziti Sausage/peppers & eggs Pizza bites Grilled chicken & mozzarella wrap served hot Chicken quesadillas	3 Hamburger/cheeseburger Spicy chicken panini Breaded chicken wrap Grilled pork chops w/ salsa Chicken parm	4 Pasta w/Vodka sauce Pizza Mozzarella sticks Eggplant roasted peppers & fresh mozzarella Chicken nuggets	
7 Spaghetti w/ meatballs Chicken fritters Baked Chicken Ham & Swiss Panini Veggie burger	8 Chicken tenders Buffalo chicken wrap Hot dog Pizza bites Hibachi Chicken & vegetables	9 Beef taco's Chicken wings Chicken quesadillas Baked ziti Grilled cheese	10 Hamburger/cheeseburger Chicken parm Grilled chicken Caesar wrap Onion rings <i>Jamaican beef patty</i>	11 Pasta w/Vodka sauce Pizza Potatoes & eggs Mozzarella sticks Meatball-Panini Chicken nuggets
14 Panini- grilled zucchini mozzarella & tomato Pizza Chicken tenders Chicken burrito platter Cheese Ravioli	15 Chicken parm wrap Popcorn chicken BBQ pulled pork Mini tacos Roasted Turkey dinner	16 Chicken quesadillas Panini -Grilled chicken, mozzarella, roasted peppers Macaroni & cheese Turkey, bacon & lettuce wrap	17 Hamburger/cheeseburger Buffalo popcorn chicken Breaded chicken wrap Grilled pork chops w/ salsa Chicken parm	18 Pasta w/Vodka sauce Pizza Potatoes & eggs Mozzarella sticks Meatball-Panini Chicken nuggets
21 Chicken fritters Cowboy burger-(bacon, cheese & BBQ sauce) Pizza roll- Pizza sauce & cheese in a eggroll shell Chicken Marsala	22 Chicken tenders Buffalo chicken wrap Pizza bites Steak & cheese sub Pasta marinara	23 Beef empanadas Chicken lo mein Popcorn chicken Grilled chicken Caesar wrap B.L.T. on white toast	24 No school	25 No school
28 Memorial Day School Closed 	29 Chicken tenders Spicy chicken wrap Steak & cheese quesadillas Pasta w/garlic & oil Mini tacos Chicken pot pie	30 Popcorn chicken Turkey, bacon & ranch wrap Chicken Francese Stuffed shells Pizza roll- Pizza sauce & cheese in a eggroll shell	31 Hamburger/cheeseburger Chicken parm Grilled chicken Caesar wrap Onion rings <i>Jamaican beef patty</i> <i>Pasta w/butter sauce</i>	<u>Vegetarian option available daily and made to order.</u> Cheese quesadillas Veggie burger Grilled cheese