

October 2018 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Turkey Melt Cheese Tortellini Meatball Hero Chicken parm wrap Beef Stir-fry	2 Chicken Quesadilla Pulled Pork Sandwich Pasta w/ marinara sauce Cream of broccoli soup & 1/2 buffalo wrap	3 Roast beef dinner Grilled cheese Chicken fritters Spaghetti w/ garlic & oil Cheese calzone (2) w/ sauce	4 Chicken Lo-Mein Mac & Cheese Wedges Hamburger/cheeseburger Chicken Tenders Taco's	5 Spirt Day No Service
8 Columbus Day School Closed	9 Turkey Panini Spaghetti w/ butter Popcorn chicken wrap Sausage & Peppers <i>Chicken bruschetta sub</i>	10 PSAT Testing Early Dismal Menu	11 Pasta Alfredo Breaded chicken wrap Hamburger/Cheeseburger Chicken parm Onion rings	12 Chicken Nuggets Pizza Mozzarella Sticks Penne A la Vodka Chicken Caesar Pita
15 Grilled chicken Panini Chicken pot pie Mini burritos (5) Chicken fritters Vegetable lo mein	16 Chicken tenders Shepherd's Pie Panini w/ mozzarella, tomato & roasted pepper Macaroni & cheese	17 Ravioli w/ Garlic Bread Roasted chicken wings BLT Wrap Chicken quesadilla Sloppy Joe	18 Octoberfest Special \$6.00 <i>Bratwurst or 2 hot dog served with hot pretzel & small can drink</i> Chicken parm Pasta marinara sauce Bacon Cheeseburger	19 Eggplant Panini Personal Pizza Mozzarella Sticks Penne A la Vodka Chicken nuggets
22 No Service NJAIS	23 Sausage & mozzarella wrap Chicken Marsala Penne with butter Teriyaki chicken gyro	24 Rigatoni & broccoli Chicken cutlet <i>Chicken quesadillas</i> <i>Beef empanadas</i> <i>Pizza bites</i>	25 Pasta Alfredo Breaded chicken wrap Hamburger/Cheeseburger Chicken parm Onion rings	26 Personal Pizza Chicken nuggets Eggplant Parmigiana Penne A la Vodka Mozzarella Sticks
29 Turkey Melt Cheese Tortellini Chicken tenders Beef Stir-fry Grilled chicken platter	30 Popcorn chicken Grilled veggie & guacamole sub Pasta w/ marinara sauce Chicken Scallopini Hot dog	31 Spiral ham dinner Grilled cheese Chicken Quesadillas Spaghetti w/ garlic & oil Mac & cheese wedges		

MAKE IT A MEAL
CHOOSE YOUR SIDE

Vegetable of the day
Mixed Salad
Roasted Potatoes
Mashed Potatoes
Onion Rings
Rice of the day
Beans

Sides will depend on
entrees of the day.

A SELECTION
OF FRESH FRUIT
SERVED DAILY.

Oktoberfest