

SCHOOL LUNCH MENU

Thanks for your Participation!!



St. Dominic Academy

**FEBRUARY
2019**




*Choose your side and
make it a meal!*

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

*Side choices depend on
Entrées for that day.*


FOUR SEASONS
food service management

Mon	Tue	Wed	Thu	Fri
				1 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Mozzarella Sticks Panini- turkey, bacon ..
4 Stir-fry Chicken Meatball sub Chicken quesadillas Grilled Cheese w/ bacon Pasta marinara	5 Tortellini Alfredo Sausage & peppers Chicken tenders Spicy Chicken Panini Tex-Mex egg roll	6 Spaghetti w/ garlic & oil Turkey bacon melt Popcorn chicken Chicken Francese Pizza bites	7 Pasta Primavera Chicken parm Hamburger/ Cheeseburger Breaded Chicken Wrap Mac & Cheese Wedges	8 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Eggplant & roasted pep- per sub Mozzarella Sticks
11 Chicken Caesar wrap Spaghetti w/ garlic & oil Chicken parm wrap Pizza nuggets Beef empanada (2pc)	12 <i>Taco salad</i> Chicken tenders Grilled chicken gyro Pasta w/ broccoli Hot dog	13 Cheese quesadillas Pasta Alfredo Mini Calzone (2pc) Macaroni & cheese Rice ball	14 Crispy chicken on a bun Beef Burrito's Hamburger/cheeseburger Tortellini marinara Spinach quiche	15 No School
18 President's Day No School	19 Chicken tenders Roasted chicken wings Mac & Cheese Wedges Ham quesadillas	20 Popcorn Chicken Grilled cheese Chicken cutlet Stuffed shells Pizza roll	21 Hamburger/cheeseburger Chicken parm Chicken wrap Sesame chicken w/ lo mein Fish & chips/fries	22 Pizza Mozzarella Sticks Pasta w/Vodka sauce Cheese quesidallas Chicken nuggets
25 <i>Chicken tenders</i> Cheese Ravioli Grilled chicken Caesar wrap Pulled pork panini French toast w/ bacon	26 Pasta marinara Fried chicken Pizza bites <i>Chicken quesadillas</i> <i>Philly cheese steak</i>	27 Spaghetti w/ garlic & oil Ham & cheese Panini Popcorn chicken Chicken Marsala Tex-Mex egg roll	28 Chicken wrap Hamburger/Cheeseburger Rotini pasta w/ butter sauce Chicken parm Potatoes & eggs	

