

# SCHOOL LUNCH MENU

**HAPPY NEW YEAR**

## St. Dominic Academy

**JANUARY  
2019**



*Choose your side and  
make it a meal!*

Vegetable of the day  
Roasted potatoes  
French fries  
Mixed salad  
Mashed potatoes  
Onion rings  
Rice of the day  
Beans of the day

Fresh fruit of the day  
(Apple, Orange, Pear)

*Side choices depend on  
Entrées for that day.*

**FOUR SEASONS**  
food service management

Mon	Tue	Wed	Thu	Fri
31 No School	1 No School	2 No School	3 Chicken wrap Hamburger/Cheeseburger Rotini pasta w/ butter sauce Chicken parm	4 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Mozzarella Sticks Ham & swiss Panini
7 Stir-fry Chicken Meatball sub Chicken tenders Grilled Cheese w/ bacon Pasta marinara	8 Tortellini Alfredo Sausage & peppers Popcorn chicken Spicy Chicken Panini Chicken pot pie	9 Spaghetti w/ garlic & oil Turkey bacon melt Chicken quesadillas Chicken Piccata Pizza nuggets	10 Pasta Primavera Chicken parm Hamburger/ Cheeseburger Beef stew with mashed potatoes	11 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Mozzarella Sticks Grill chicken gyro platter
14 <u>Exams</u> Chicken tenders Baked ziti Beef and broccoli	15 <u>Exams</u> Mini tacos (7) Chicken tenders Mac & cheese wedges (5)	16 <u>Exams</u> Popcorn chicken Beef empanadas Grilled cheese	17 <u>Exams</u> Chicken nuggets Mozzarella sticks Hamburger/cheeseburger	18 No Classes-Teachers Grading Day
21 Martin Luther King Jr. Day No School	22 Sheppard's Pie Fried chicken Mini tacos Chicken fritters Spaghetti w/ garlic & oil	23 Popcorn Chicken Grilled cheese Stuffed shells Pizza roll Grilled chicken gyro	24 Hamburger/cheeseburger Chicken marsala Pasta with butter sauce Chicken wrap	25 Pizza Mozzarella Sticks Panini- Ham & Swiss Pasta w/Vodka sauce Chicken nuggets
28 <b>Chicken tenders</b> Cheese Ravioli Grilled chicken Caesar wrap Hot Dog Mac & cheese wedges	29 Tortellini w/broccoli Sausage & peppers Popcorn chicken Spicy Chicken Panini Chicken pot pie	30 Chicken quesadillas Pasta Alfredo Beef empanadas Philly Cheese steak Rice Bowl w/Asian Chicken	31 Chicken Francese Hamburger/Cheeseburger Penne pasta w/vodka sauce Mozzarella Sticks Personal Pizza	

