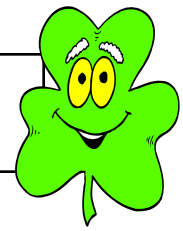


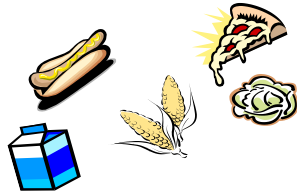
SCHOOL LUNCH MENU

Thanks for your Participation!!



St. Dominic Academy

MARCH
2019




Choose your side and make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

Side choices depend on Entrées for that day.

 **FOUR SEASONS**
food service management

Mon	Tue	Wed	Thu	Fri
<p><u>Vegetarian option available daily and made to order.</u> Cheese quesadillas Veggie burger Grilled cheese</p>				<p>1 Pasta w/ Vodka sauce Pizza Mozzarella sticks Eggplant hero w/ roasted pepper Panini- Fresh mozzarella, tomato, & basil Cheese calzone (2) w/ sauce</p>
<p>4 Bacon cheeseburger Chicken quesadillas Pasta Alfredo Chicken Francese Two Taco's</p>	<p>5 Chicken tenders Roast beef w/ mozzarella (French dipped) Cheese Ravioli Pizza bites Mac & cheese wedges</p>	<p>6 <i>Ash Wednesday</i> Pasta w/ Vodka sauce Pizza Mozzarella sticks Tilapia Francese Cheese quesadilla Bean & Cheese calzone</p>	<p>7 Hamburger/cheeseburger Chicken parm Tortellini w/ sausage & tomato Chicken nuggets Beef and broccoli Stuffed baked potato</p>	<p>8 <u>Lenten Menu</u> Pasta w/Vodka sauce Pizza Mozzarella sticks Cheese quesadillas Eggplant parm Ramen—Vege bowl</p>
<p>11 Meatball sub Chicken nugget wrap Party hero cuts (American) Buffalo wings Hot Dog</p>	<p>12 <u>Early St. Patrick's Day</u> Hot Corned beef Sandwich Chicken tenders Tortellini primavera Panini-Grilled chicken mozzarella & roasted peppers Spicy chicken wrap</p>	<p>13 Rigatoni & broccoli, Chicken quesadillas Sausage/peppers & onions Pizza egg roll Grilled chicken & mozzarella</p>	<p>14 Hamburger/cheeseburger Chicken nuggets Spaghetti, garlic & oil Breakfast Bowl- Scrambled eggs, cheese, sausage, & potatoes</p>	<p>15 <u>Lenten Menu</u> Pasta w/ Vodka sauce Pizza Mozzarella sticks Eggplant hero w/ roasted pepper Panini- Fresh mozzarella, tomato, & basil</p>
<p>18 Pasta w/ marinara Chicken wings Breaded chicken wrap Popcorn chicken bowl Panini- Burger w/bacon</p>	<p>19 Spicy chicken deluxe w/ pickles & pepper jack cheese Chicken tenders Vegetable lo mein Philly cheese steak</p>	<p>20 Chicken quesadillas Panini -meatball parm Pizza bites Macaroni & cheese Grilled chicken nuggets</p>	<p>21 Hamburger/cheeseburger Chicken parm Grilled chicken Caesar wrap Stuffed cabbage (rice & beef) Turkey melt Onion rings</p>	<p>22 <u>Lenten Menu</u> Pasta w/Vodka sauce Pizza Mozzarella sticks Tilapia Francese Cheese quesadilla Bean & Cheese calzone (2)</p>
<p>25 Hamburger/Cheeseburger Chicken quesadillas Pasta Alfredo Chicken Marsala Two Taco's</p>	<p>26 Chicken tenders Hawaiian chicken poke bowl Cheese Ravioli Panini- mozzarella, tomato & roasted peppers</p>	<p>27 Rigatoni & broccoli, Chicken quesadillas Sausage/peppers & onions Pizza bites Chicken Francese</p>	<p>28 Bacon Cheeseburger Chicken cutlet platter Pepper steak gyro Chicken nuggets Spaghetti, garlic & oil</p>	<p>29 <u>Lenten Menu</u> Pasta w/Red Sauce Pizza Mozzarella sticks Cheese quesadillas Eggplant parm Veggie burger</p>

