

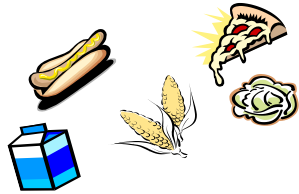
SCHOOL LUNCH MENU

Thanks for your Participation!!



Saint Dominic Academy

APRIL
2019



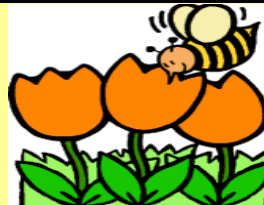

Choose your side and
make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

*Side choices depend on
Entrées for that day.*

 **FOUR SEASONS**
food service management

Mon	Tue	Wed	Thu	Fri
1 Spaghetti marinara Chicken tenders BBQ roasted chicken Ham & cheese- Panini Philly cheese steak with peppers & onions	2 Tortellini Alfredo Chicken cutlet platter Chicken nuggets Jamaican beef patty Hot dog	3 Lo Mein Popcorn chicken Chicken pot pie Pizza roll Mac & cheese wedges	4 Chicken parm Hamburger/cheeseburger Grilled chicken wrap Pasta w/Vodka sauce Corned beef Reuben Onion rings	5 <u>Lenten Menu</u> Pasta w/Vodka sauce Pizza Mozzarella sticks Eggplant hero w/ roasted pepper Panini- Fresh mozzarella, tomato, & basil Fish taco's
8 Sausage & mozzarella wrap Popcorn chicken Pasta w/ mozzarella, tomato & basil B.L.T. on whole wheat toast Mac & cheese wedges	9 Chicken tenders Turkey, bacon & cheese -Panini Cheese tortellini Grilled chicken burrito	10 Macaroni & cheese Chicken quesadillas Pizza bites Buffalo wings Panini -grilled vegetables	11 Grilled cheese & tomato on rye Chicken nuggets Hamburger/cheeseburger Stuffed shells	12 <u>Lenten Menu</u> Pasta w/Vodka sauce Pizza Mozzarella sticks Cheese quesadillas Tuna melt Veggie burger
15 Popcorn chicken Panini- bacon, tomato & cheese Chicken francese Pasta primavera	16 Spicy chicken deluxe w/ pickles & pepper jack cheese Chicken tenders Vegetable lo mein Philly cheese steak	17 Rigatoni & broccoli, Chicken quesadillas Sausage/peppers & onions Rice ball Buffalo wings	18 Easter Break	19 Easter Break
22 Easter Break	23 Easter Break	24 Easter Break	25 Easter Break	26 Easter Break
29 Steak quesadillas Chicken Tenders Herb roasted chicken Grilled flank steak & broccoli	30 Popcorn chicken Tortellini Alfredo Grilled chicken burrito Pizza Bites Taco's			<u>Vegetarian option available daily and made to order.</u> Cheese quesadillas Veggie burger Grilled cheese

