

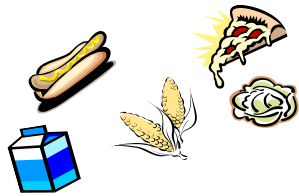
SCHOOL LUNCH MENU

Thanks for your Participation!!



St. Dominic Academy

MAY
2019





Choose your side and make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

 **FOUR SEASONS**
food service management

Mon	Tue	Wed	Thu	Fri
	<u>Vegetarian option available daily and made to order.</u> Cheese quesadillas Veggie burger Grilled cheese	1 Baked ziti Sausage/peppers & eggs Pizza bites Grilled chicken & mozzarella wrap served hot Chicken quesadillas	2 Hamburger/cheeseburger Spicy chicken panini Breaded chicken wrap Grilled pork chops w/salsa Chicken parm	3 Pasta w/Vodka sauce Pizza Mozzarella sticks Eggplant roasted peppers & fresh mozzarella Chicken nuggets
6 Spaghetti w/meatballs Chicken fritters Baked Chicken Ham & Swiss Panini Veggie burger	7 Chicken tenders Buffalo chicken wrap Hot dog Pizza bites Hibachi Chicken & vegetables	8 Beef taco's Chicken wings Chicken quesadillas Baked ziti Grilled cheese	9 Hamburger/cheeseburger Chicken parm Grilled chicken Caesar wrap Onion rings <i>Jamaican beef patty</i>	10 Pasta w/Vodka sauce Pizza Potatoes & eggs Mozzarella sticks Meatball-Panini Chicken nuggets
13 Panini- grilled zucchini mozzarella & tomato Pizza Chicken tenders Chicken burrito platter Cheese Ravioli	14 Chicken parm wrap Popcorn chicken BBQ pulled pork Mini tacos Roasted Turkey dinner	15 Chicken quesadillas Panini -Grilled chicken, mozzarella, roasted peppers Macaroni & cheese Turkey, bacon & lettuce wrap	16 Hamburger/cheeseburger Buffalo popcorn chicken Breaded chicken wrap Grilled pork chops w/salsa Chicken parm	17 Pasta w/Vodka sauce Pizza Potatoes & eggs Mozzarella sticks Meatball-Panini Chicken nuggets
20 Chicken fritters Cowboy burger-(bacon, cheese & BBQ sauce) Pizza roll- Pizza sauce & cheese in a eggroll shell Chicken Marsala	21 Chicken tenders Buffalo chicken wrap Pizza bites Steak & cheese sub Pasta marinara	22 Beef empanadas Chicken lo mein Popcorn chicken Grilled chicken Caesar wrap B.L.T. on white toast	23 No school	24 No school
27 Memorial Day School Closed 	28 Chicken tenders Spicy chicken wrap Steak & cheese quesadillas Pasta w/garlic & oil Mini tacos Chicken pot pie	29 Popcorn chicken Turkey, bacon & ranch wrap Chicken Francese Stuffed shells Pizza roll- Pizza sauce & cheese in a eggroll shell	30 Hamburger/cheeseburger Chicken parm Grilled chicken Caesar wrap Onion rings <i>Jamaican beef patty</i> <i>Pasta w/butter sauce</i>	31 Pasta w/Vodka sauce Pizza Mozzarella sticks Eggplant roasted peppers & fresh mozzarella Chicken nuggets

