



SCHOOL LUNCH MENU

Oktoberfest

17th of October
Faculty & staff
complimentary

FOUR SEASONS
food service management

Saint Dominic Academy

October
2019

*Choose your side
and make it a meal!*

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day
Fruit Cup
Sm soup

Fresh fruit of the day
(Apple, Orange, Pear)

*Side choices depend on
Entrées for that day.*

*Thank you for
your
participation!*

Monday	Tuesday	Wednesday	Thursday	Friday
Join The Meal Plan & Save 5-10%	1 Turkey- panini Hamburger/Cheeseburger Popcorn Chicken Stuffed Shells	2 Chicken Tenders Vegetable lo-mein Pizza Bits Grilled Hot dog	3 Pasta w/ broccoli Chicken Quesadilla Mac & Cheese wedges Buffalo Chicken Dumplings	4 Chicken Nuggets Mozzarella Sticks Pasta w/ vodka sauce Buffalo Wings Grilled cheese /w bacon
7 Beef & Broccoli Turkey Burger Ham & Swis panini Orange Chicken Spaghetti w/ garlic & oil	8 Popcorn chicken Tortellini Alfredo Chicken-Panini Philly Cheese Steak Pizza Egg roll	9 Roasted Turkey Dinner Chicken Quesadilla Stuffed Shells Taco's Pizza Bits	10 Chicken Tenders Bacon Cheese Burger Macaroni & cheese Spicy Turkey Melt	11 Spirit Day
14 Columbus Day School Closed	15 Chicken Marsala Cheese Ravioli Chicken & Waffles Pizza Nuggets	16 PSAT Cafeteria Closed	17 OKTOBERFEST Bratwurst, Pretzel, Drink Chicken Tenders Bacon Cheese Burger Pasta	18 Personal Pizza Mozzarella Sticks Chicken Nuggets Penne vodka Grilled Cheese on
21 Pepper Steak w/rice Spicy Turkey Melt Chicken Tenders Veggie Burger Pasta	22 Popcorn chicken Pizza nuggets French Toast w/ Bacon Beef Burrito Bow tie pasta w/	23 Chicken Parm Mongolian Beef Stir-Fry Vegatable Lo-Mein Pizza Egg Roll	24 Chicken Bacon Ranch wrap Hamburger / Cheeseburger Chicken francese Pasta w/ Broccoli Mac & Cheese wedges	25 Personal Pizza Chicken Nuggets Mozzarella Sticks Baked Ziti Buffalo chicken wings
28 Buffalo Chicken wrap Turkey bacon panini Pasta Primavera Steak Quesadilla's Grilled Hot Dogs	29 Meatloaf Dinner Chicken Panini Chicken Tenders Philly Cheese steak Rice Ball	30 Spicy roast beef panini French Toast w/ bacon Lasagna w/garlic bread Chicken quesadilla Mac & cheese wedges	31 Roasted Chicken Dinner Meatball Parmigiana Bacon Cheese Burger Bread Chicken Wrap Lo-mein	