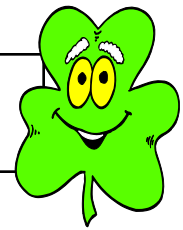


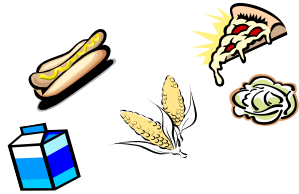
SCHOOL LUNCH MENU

Thanks for your Participation!!



Saint Dominic Academy

MARCH
2020





Choose your side and make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

Side choices depend on Entrées for that day.


FOUR SEASONS
food service management

Mon	Tue	Wed	Thu	Fri
2 Chicken Quesadilla Rigatoni with broccoli Turkey Panini Buffalo Wings	3 Popcorn Chicken Tortellini Pasta Hamburger/ cheeseburger Pizza Nuggets Philly Cheese Steak	4 Chicken Tenders Macaroni & Cheese Turkey BLT Rice Ball	5 General Tso's Chicken Bow Tie pasta Hot Wings Grilled Cheese	6 Penne w/ vodka sauce Pizza Grilled Cheese Mozzarella Sticks Eggplant Parm
9 Popcorn Chicken Turkey panini Lo-mein BLT wrap Pizza Nuggets	10 Roasted chicken w/lemon Cuban Panini Spaghetti Meatball parm wrap	11 Tortellini w/peas Chicken Nuggets Jamaican Beef patty Mac & cheese wedges	12 Chicken Tenders French Toast w/ bacon Baked Ziti Buffalo Wings Pulled Pork sandwich	13 Pasta w/Vodka sauce Pizza Mozzarella sticks Eggplant parm Potatoes & eggs sub
16 Chicken Cutlet Plater Sausage & peppers Buffalo Pot Stickers Spicy Turkey Melt Pasta	17 St Patrick's Day Hot Corn beef Dinner Chicken Tenders Bacon Cheeseburger Pasta w/ garlic & Oil	18 Chicken Gyro Popcorn Chicken Pulled Pork Sandwich Bow Tie Pasta meat sauce Pizza nuggets	19 BBQ Chicken Macaroni & Cheese Philly Cheese steak panini Rice Ball	20 Fried Fish Sandwich Penne w/vodka sauce Mozzarella Sticks Grilled Cheese Pizza
23 Popcorn chicken Chicken marsala Two Taco's Lo-Mein	24 Pulled pork panini Chicken tenders Philly cheese steak Chicken Gyro Pizza Nuggets	25 Roasted BBQ Chicken Hamburger/Cheeseburger Cuban Panini Chicken quesadilla	26 Chicken Caesar Pita Turkey melt Chicken Parm Stuffed Shells	27 Macaroni & cheese Pizza/ cheese calzone Mozzarella sticks Eggplant hero w/r/p Cheese quesadilla
30 B.L.T. wrap Chicken pot pie Chicken fritters Ham & swiss panini French Toast /bacon	31 Steak & Cheese Wrap Cheese Ravioli Pizza bites Chicken Nuggets Broccoli Quiche			<u>Vegetarian option available daily and made to order.</u> Cheese quesadillas Veggie burger Grilled cheese

